Whether nibbling on their favorite hay, munching on leafy greens, or chewing on their favorite toy, small pets are wired to chew all day, every day. As it turns out, chewing is an instinctual behavior with important benefits to your pet’s health and happiness. Read on to learn more about how to provide an environment that helps meet this basic need.

**Why do Small Pets Chew?**

The continuously-growing or “open rooted” teeth of rabbits, guinea pigs, and chinchillas are designed to keep up with the continual wear caused by the natural, high fiber diet of small herbivores. In the wild, your animal would munch on grasses, branches, bark, and any number of other hard, fibrous materials throughout the day. In captivity, it’s essential to provide ample materials to satisfy this instinctual behavior and prevent dental overgrowth.

**Chewing Checklist for Your Small Pet**

**High Fiber Hay**
Satisfying your pet’s chewing instincts starts with hay. Every small herbivore should have unlimited access to fresh, high fiber hay each day. Hay is the primary source of fiber in your pet’s diet; in addition to providing essential dental wear, the fiber in hay is responsible for keeping your pet’s digestive system healthy and moving. Without this constant motion, your pet’s digestive system can quickly fall into a dangerous state called gastrointestinal stasis.

**Safe, Natural Chews**
Hay is great, but it’s essential to provide additional fun chewing options to keep your pet mentally stimulated and engaged. To accomplish this, provide a variety of safe, natural chews each day.

**Woven-Hay Hideouts**
In addition to their chewing instinct, all prey animals are wired to hide away to escape stressors throughout the day. Every habitat should include at least one hide space to support this instinct. Choose a woven-hay hideout such as Oxbow’s Timothy CLUB Bungalow to make this experience even more enriching. In addition to a safe space to hide, Timothy Club Bungalows provide an ample supply of all-natural chewing materials.
Wires and cords
Electrical wires and cords pose a serious threat to the health of chew-happy animals such as rabbits and guinea pigs. Take special care to keep these items out of your pet’s reach. Exercise pen fencing makes a great barrier to areas where cords and wires might be present. Plastic split-length tubing is available at most hardware stores and makes a great protective cover for cords in areas where it might not be possible to eliminate your pet’s access.

Houseplants
By nature, your small pet will instinctively want to forage on any green, leafy material available, including houseplants. Some houseplants can be poisonous to small pets, so make sure to keep all plants elevated and out of reach. If you are concerned about whether any of your plants might be poisonous, be sure to check with your veterinarian.

Furniture, Carpet, Etc.
For rabbits, guinea pigs, and other small pets allowed to roam the house, it can be very difficult and frustrating to prevent damage to furniture, carpet, and other “tempting to chew” elements of home décor. The best way to prevent this type of damage is to offer better, more interesting options. Provide a variety of all-natural chews, toys, and play centers throughout your pet’s living space to help prevent destructive chewing behaviors.

Benefits of Chewing Include:
- Provides essential, healthy dental wear
- Offers mental stimulation throughout the day
- Promotes play and activity that helps prevent obesity
- Prevents boredom-based behaviors
- Helps build your bond with your pet

Unique Features of Enriched Life Natural Chews:
- Innovatively designed to meet chewing instincts of small pets
- Designed to encourage mental and physical enrichment
- Wide assortment of items provides fun and stimulating play
- Safe, natural materials include hay, untreated wood, and natural fibers

Just like the right nutrition, daily opportunities for playing, hiding, chewing and exploring are essential to your pet’s health and happiness. Learn more about how to enrich your pet’s life at www.enrich.pet.