



# THE SCIENCE OF HAY

ALL ABOUT

**AY** has been harvested for thousands of years, and it remains the cornerstone of small herbivore health. Hay offers many nutritional and health benefits, including the prevention of obesity and digestive issues and maintaining dental and mental health.

This guide provides a closer look at the science of hay – how and where it's grown, how it can vary based on factors of nature, the anatomy of a hay plant, and the essential role hay plays in the daily health of small herbivores.

## Making Hay While the Sun Shines



#### Hay Field as Eco-System

A hay field is a very diverse eco-system. Throughout the growing season, a single hay field can contain a number of micro-habitats that host a variety of insect and animal life. In addition to providing valuable food sources in the form of nectar and leaves, the dense canopy of a hay field protects these organisms from predators.



#### Hay Harvest

Hay is harvested using a series of simple mechanical processes. These include: mowing, tedding, raking, and baling. Oxbow hay is mowed when it is determined that the nutrients are at optimum levels to support small animal health. Mowed hay is organized into large swaths, or rows, in the field. Next, a process called tedding fluffs up the cut hay, promoting curing and drying. Once hay has been tedded and is nearly dry, it is raked (flipped over) to dry the underside and form a windrow. The final step in the hay harvest process is baling. The baling process mechanically compacts hay into large bales.

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# Hay Anatomy 101

- Soft and enticing to most pets

   contains the most protein
   Typically
- eaten second, after leaves
- Size depends on maturity of hay (smaller seed heads indicate more immature hay)

came

The softest, most

enticing part of

Typically selected

**Beneficial source** 

the hay plant

first by pets

of fiber and

protein

# 7 Stems

- Supporting structure or "scaffold" of hay
- The coarsest part of the hay plant
- Contains the most fiber - 25% more than leaves and seed heads
- Provides the most beneficial dental wear
- Typically selected last to be eaten by pets, but very important



Mix it up! If you find that your pet leaves behind stems, don't throw them out! Instead, mix them in with fresh hay to encourage your pet to eat these important fiber-packed pieces.

### Mother Nature & Hay Variability

Hay is very much a "farm fresh" product. It is grown and harvested naturally, and minimally handled between the field and your pet's preferred dining area. As a product of Mother Nature, even slight changes in factors such as temperature, humidity, rain, and wind will cause the taste, texture, color and aroma traits of hay vary slightly from bag to bag. It's important to note that a change in one of these traits does not necessarily indicate a change in quality. Some common ways that your hay might vary from purchase to purchase include:

### Color

Beautiful green hay is everyone's first choice, but it's important to know that brown or sun-bleached hay is not "bad" hay. Hay becomes brown as it matures and less light reaches the lower leaves through the canopy. Hay loses some of its natural green color while drying in the field. While hay with alternate color attributes may not be as visually appealing, the nutritional profile of hay is not affected by color.

### Texture

Hay texture varies naturally between varieties. Orchard Grass, for example, is typically very soft, while other varieties such as Oat Hay are coarser by nature. You will naturally notice some variability between bags of the same variety. Generally speaking, texture is an indicator of maturity. The more mature a hay is, the coarser the texture will be.

### What's In a Hay Bale?

Considering the vast ecosystems contained within a hay field, it's inevitable that some bales will contain small artifacts of nature, including miscellaneous plant life, dried insects or small rocks or bits of soil from the field. Purchasing hay from a trusted expert will help to significantly limit the amount of "foreign materials" encountered in the hay you purchase. At Oxbow, we have an extensive Quality Assurance program in place and we're always making improvements to our process. Our production team members are trained experts when it comes to sorting and evaluating hay.



## The Importance Of Hay In the Diet of Small Herbivores



DIGESTIVE

The fiber in hay facilitates the constant digestive movement that small herbivores require to maintain digestive health. Disrupting this movement can lead to a number of gastrointestinal issues, some of which can be life threatening. Providing grass hay most closely mimics the foraging activity small herbivores would perform in nature.



Small herbivores require constant chewing of hard, fibrous foods (i.e. hay) to provide proper, necessary dental wear. The teeth of rabbits, guinea pigs and chinchillas never stop growing, making it critical to provide a proper diet centered around hay. A diet with insufficient hay can lead to dental issues, including disease and malocclusion.



Hay is not just great for the body of small pets; it's essential to their mental health as well! Access to a variety of high quality hays provides mental stimulation, keeping pets active, stimulated and healthy. To maximize this important mental stimulation, trying placing hay in as many locations as possible throughout your pet's living space.



For more information about your pet's nutrition and behaviors, visit www.oxbowanimalhealth.com.